



Before the session	
Date:	Session:
Planning points:	
What am I least confident in about this session?	
What am I most looking forward to about this session?	
What issues or challenges am I facing outside of these sessions which could impact my facilitation?	

After the session:	
How do I feel about the session?	
What did I learn in this session?	
What prompted my curiosity?	

My "what if" question for this session is:	
What was good about this session?	
What was challenging about this session?	
Things to do differently:	
Things to research for next week:	
Any safeguarding or safety planning concerns:	
Any risk increases?	
Any risk decreases?	

# Reflective Evaluation